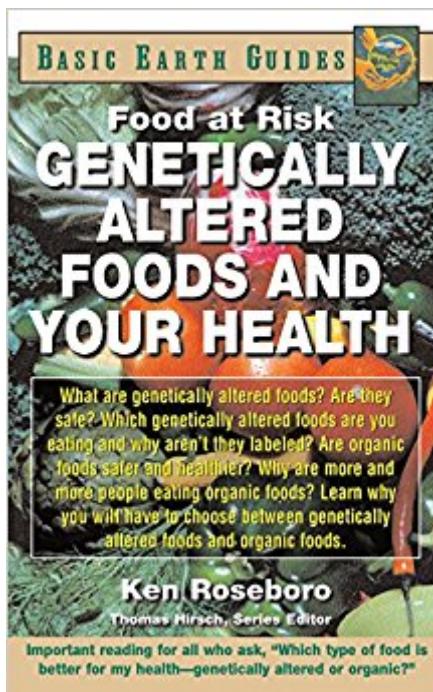


The book was found

Genetically Altered Foods And Your Health: Food At Risk (Basic Earth Guides)



Synopsis

This book examines how genetic engineering is radically changing our food at great risk to human health and the environment. Why are scientists genetically altering foods? Are they safe? Why aren't genetically engineered foods labelled as such? Author Ken Roseboro addresses these and other issues concerning genetically altered foods, and explains why organic foods are practical and safe alternatives to this risky technology.

Book Information

Series: Basic Earth Guides

Paperback: 120 pages

Publisher: Basic Health Publications, Inc.; 1 edition (January 1, 2004)

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Product Dimensions: 4.3 x 0.4 x 6.8 inches

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Average Customer Review: 4.4 out of 5 stars 7 customer reviews

Best Sellers Rank: #3,504,133 in Books (See Top 100 in Books) #80 in Books > Health, Fitness & Dieting > Nutrition > Genetically Engineered Food #4973 in Books > Science & Math > Agricultural Sciences > Food Science #14478 in Books > Science & Math > Evolution

Customer Reviews

Editor and publisher of The Non-GMO Report, a monthly newsletter focusing on the risks of genetically engineered food.

A concise explanation and good background on this epidemic to come. Enough information to help anyone sitting the fence to make up their mind, and to scare the daylights out of anyone already convinced.

OK, smaller book than I thought it was going to be. Was disappointed in no more info than it had about the dangers of future GMO's.

This book is part of an educational plan I have for 2013. Great reference item for my family and library. I would give this as a gift to a friend.

This is a good overview of the subject.

If you are short on time or money, you no longer have reasons to be uninformed of the dangers of genetically altered foods. "Genetically Altered Foods and Your Health" is the cheapest, shortest and (as of summer 2004) newest book on all the issues related to genetically altered foods. If you eat, you must read this book!A short "Basic Earth Guide" pocket-sized book, these 120 pages lay out the complete landscape of genetically altered foods: the promises and the risks of altering the genes in foods; how our food supply has been affected by genetically altered foods; the potential for damage to our health and our ecosystem; damage already done; the politics of genetically altering foods; and how different countries have reacted. The facts are backed up by references.This book also empowers the reader with the knowledge of a viable alternative: organic food. In chapter after chapter, author Ken Roseboro paints a thorough picture of how organic food -- without genetically altered organisms, artificially pesticides and herbicides -- is a healthy, sustainable choice for the consumer. Yet, the genetic purity of organic seeds, and all natural seeds, is threatened by genetic pollution from genetically engineered plants. Read on to find out what you can do!The last chapter has seven actions consumers can take to resist genetic engineering.At under \$6 each, buy several copies of "Genetically Altered Foods and Your Health" - one to keep, two to give away. After reading this book, see if you can still wolf down a typical granola bar from the grocery store without a pang of concern.

This book was very well written and much more interesting and more readable than I expected. It captivated my interest. It wasn't dry reading like some sort of scientific journal report. It was very informative...a quick read. In only a few pages I learned alot about genetically altered foods. This short book covers the history of using genetically engineered seeds for farming. Dry scientific facts on field crop productivity and other issues are told through anecdotes from organic farmers affected by GM seed use in nearby fields. The farming companies that have decided to use the new genetically engineered seeds are having difficulty containing the cross pollination from their crops to other GM free farms. The long term effects on crop production and potential harm to allergic humans and other consumers in the food chain is discussed. This book is a "how to" guide for consumers trying to make informed decisions about the use of genetically altered foods. My own awareness was raised about the potential hazards of unlabeled products on supermarket shelves. For a good overview on this topic in a reader friendly book, I recommend you buy this inexpensive,

very readable book.

"A triumph of concise straight to the bone journalism. Ken Roseboro gives the facts on a major national health issue. And the facts tell a very disturbing story about the effects of Bio-engineered foods. Every mother should read this book and then call her representatives in Washington!"

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and What You Can Do to Protect Yourself The Food Solution: Skip the Chemically-Ridden Altered Products (C.R.A.P.). Start Your 21-Day Diet Detox Today and Thrive. GMO Myths and Truths: A Citizenâ™s Guide to the Evidence on the Safety and Efficacy of Genetically Modified Crops and Foods, 3rd Edition

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